



NSCFF

IRS 501(c)3 Corporation

June 26, 2015

For Immediate Release

Contact: Oylime Fernandez, LCSW, MBA 305-856-8940 ext 104

NSCFF Offers Multiple Sclerosis Patients FREE Therapeutic Classes in Miami-Dade County

Neuroscience Centers of Florida Foundation, Inc.

2150 Coral Way, 8th Floor
Miami, Florida 33145
Toll Free: 866.467.2873
Office: 305.856.8940
Facsimile: 305.456.3797

www.nscff.org

nscffoundation@gmail.com

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Neuroscience Centers of Florida Foundation to offer complimentary Therapeutic Classes to those diagnosed with Multiple Sclerosis commencing July 7th and running through November 17, 2015. Dance, Movement, and Music Therapy is taught by Carol F. Kaminsky, Board Certified Dance Movement Therapist and Adaptive Yoga, taught by Marit A. Zadrozny, Registered Yoga Teacher, Licensed Massage Therapist, and Certified Massage Therapist. These classes are designed to train the body to do functional activities with rhythm and relaxed timing to accomplish turning, balancing, controlling posture and walking. This program is made possible by a grant from the Multiple Sclerosis Foundation based in Fort Lauderdale.

MS Dance, Movement and Music Therapy as well as Adaptive Yoga has been proven to improve range of motion, core strength, balance and flexibility. It also has the possibility of increasing concentration, focus and memory. "Exercise is an integral component for individuals suffering from MS, it helps patients overall with concentration, bladder control, walking, mental health, and sense of well being, with a decrease in pain and fatigue," said Dr. Jeffrey Horstmyer, MD, FAAN – Chief Executive Officer. To register please contact NSCFF, Oylime Fernandez by calling 305-856-8940 ext. 104.

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About Neuroscience Centers of Florida Foundation: The Neuroscience Centers of Florida Foundation, Inc. (NSCFF) is an IRS designated, 501(c)(3) not-for-profit organization, established to improve healthcare delivery and address the unmet needs of patients afflicted with chronic neurological degenerative diseases concentrating on Alzheimer’s Disease, Multiple Sclerosis, Parkinson’s, and Stroke. Our organization’s comprehensive team approach to care is uniquely poised to answer to a patient’s medical and non-medical issues. As a comprehensive care organization, NSCFF aims to provide diagnosis, treatment, disease management, support services, and education to patients and their caregivers to keep patients at home, at work, and out of the hospital.

Through our network of stakeholders and supporters, our focus on collaboration has enhanced access to already proven methods of treatment while we implement innovative concepts to patient centered, disease specific, comprehensive, and coordinated healthcare delivery in our community.